



## WATTSHOP TT WEEKENDER

Thank you for competing in our 2 stage event. We hope you enjoyed the races and had two great rides over two challenging courses. It was fantastic to see everyone across the weekend. We can't thank you enough for your participation. The field was stacked from first rider to last rider; former World Champions to endurance record holders, World Masters Champions and Hour Record holders with an infusion of impressive youngsters ready to mix it up.

With competitions based on Spindata categories, two races and split timing we hope the event provided something different and gave everyone something to race for.

### STAGE 1

Strong winds made for a tough out leg but for those emptying the tank on the way out they would be rewarded with a welcome tailwind home. The battle between former team mates John and Dan saw John carry an 8 second advantage into Sunday's stage. With WattShop favourite Alex Pritchard completing the podium.

In the female field Emily Martin showed her class, powering to a 22.09 followed in by HUUB WattShop rider Sally Turner and the long distance, endurance, specialist Chris Murray.

In the road bike categories former Danish superstar Casper von Folsach stretched his legs with a hugely impressive 20.48 and Hatty Lowden posting a 25.02.

B category saw PB Performance Espoir take a close lead over Dan Whitehouse-Smith. C category was a home rider affair, Paul Robinson pipping team mates Steven Hazeldine and Kader Allouni. While another home rider Gail Lowe took the top step from Kate Kirkland. Over in the D category Roy Oakes and Sally Cunliffe took the lead into Sunday's stages.

### STAGE 1

| Open Overall |                |       |
|--------------|----------------|-------|
| Pos          | Rider          | Time  |
| 1            | John Archibald | 18.23 |
| 2            | Dan Bigham     | 18.31 |
| 3            | Alex Pritchard | 19.31 |

| Female Overall |              |       |
|----------------|--------------|-------|
| Pos            | Rider        | Time  |
| 1              | Emily Martin | 22.09 |
| 2              | Sally Turner | 23.15 |
| 3              | Chris Murray | 24.26 |

| Open Overall - Road |                    |       |
|---------------------|--------------------|-------|
| Pos                 | Rider              | Time  |
| 1                   | Casper von Folsach | 20.48 |
| 2                   | Ben Meir           | 23.27 |
| 3                   | Joe Tate           | 23.38 |

| Female Overall - Road |                  |       |
|-----------------------|------------------|-------|
| Pos                   | Rider            | Time  |
| 1                     | Harriet Lowden   | 25.02 |
| 2                     | Judy Brown       | 27.39 |
| 3                     | Deborah Capewell | 28.46 |

| Open B Category |                    |       |
|-----------------|--------------------|-------|
| Pos             | Rider              | Time  |
| 1               | Isaac Russell      | 22.14 |
| 2               | Dan Whitehouse-Smi | 22.18 |
| 3               | Jack Casey         | 22.26 |

| Open C Category |                     |       |
|-----------------|---------------------|-------|
| Pos             | Rider               | Time  |
| 1               | Paul Robinson       | 23.59 |
| 2               | Steven Hazeldine    | 24.03 |
| 3               | Abdel Kader Allouni | 25.32 |

| Open D Category |             |       |
|-----------------|-------------|-------|
| Pos             | Rider       | Time  |
| 1               | Roy Oakes   | 28.30 |
| 2               | Steve Price | 29.06 |
| 3               | Russ Mellor | 29.53 |

| Female B Category |              |       |
|-------------------|--------------|-------|
| Pos               | Rider        | Time  |
| 1                 | Sally Turner | 23.15 |
| 2                 | Chris Murray | 24.26 |
| 3                 |              |       |

| Female C Category |               |       |
|-------------------|---------------|-------|
| Pos               | Rider         | Time  |
| 1                 | Gail Lowe     | 25.17 |
| 2                 | Kate Kirkland | 26.20 |
| 3                 |               |       |

| Female D Category |                |       |
|-------------------|----------------|-------|
| Pos               | Rider          | Time  |
| 1                 | Sally Cunliffe | 26.41 |
| 2                 | Judy Brown     | 27.39 |
| 3                 |                |       |



## STAGE 2

J5/13, home roads to WattShop and familiar to many local riders. The locally famed Swynberg makes for a cruelling ascent each lap.

In the ladies field Emily Martin consolidated her position with another strong ride while Dan Bigham turned the tables on John Archibald, edging back seconds at each split saw him overturn Saturdays 8 second deficit. A mention to last years winner Patrick Casey, signed to Bora Hansgrohe development team and returned to show his class with a 52.50, coming in third.

Casper set another stunning time, placing himself well within the ranks of strong TTers. Dan Whitehouse-Smith turned the tables on Isaac Russell in category B. Unfortunately, we did see Isaac behind a tractor, how this affected his ride we're unsure.

Female D category got very interesting with Judy Brown battling back against Sally Cunliffe.

On a tough course, there were many strong rides deserving of a mention throughout the field.

## STAGE 2

| Open Overall |                |       |
|--------------|----------------|-------|
| Pos          | Rider          | Time  |
| 1            | Dan Bigham     | 50.06 |
| 2            | John Archibald | 50.29 |
| 3            | Patrick Casey  | 52.50 |

| Female Overall |                |         |
|----------------|----------------|---------|
| Pos            | Rider          | Time    |
| 1              | Emily Martin   | 1.03.37 |
| 2              | Chris Murray   | 1.07.22 |
| 3              | Harriet Lowden | 1.08.28 |

| Open Overall - Road |                    |         |
|---------------------|--------------------|---------|
| Pos                 | Rider              | Time    |
| 1                   | Casper von Folsach | 56.37   |
| 2                   | Joe Tate           | 1.03.56 |
| 3                   | Kerin Sargent      | 1.04.19 |

| Female Overall - Road |                  |         |
|-----------------------|------------------|---------|
| Pos                   | Rider            | Time    |
| 1                     | Harriet Lowden   | 1.08.28 |
| 2                     | Judy Brown       | 1.16.58 |
| 3                     | Deborah Capewell | 1.21.03 |

| Open B Category |                    |         |
|-----------------|--------------------|---------|
| Pos             | Rider              | Time    |
| 1               | Dan Whitehouse-Smi | 1.01.22 |
| 2               | Isaac Russell      | 1.02.32 |
| 3               | Sam Murray         | 1.02.33 |

| Open C Category |                     |         |
|-----------------|---------------------|---------|
| Pos             | Rider               | Time    |
| 1               | Paul Robinson       | 1.05.33 |
| 2               | Steven Hazeldine    | 1.07.40 |
| 3               | Abdel Kader Allouni | 1.12.39 |

| Open D Category |             |         |
|-----------------|-------------|---------|
| Pos             | Rider       | Time    |
| 1               | Steve Price | 1.21.04 |
| 2               | Russ Mellor | 1.23.54 |
| 3               | James Lees  | 1.24.28 |

| Female B Category |              |         |
|-------------------|--------------|---------|
| Pos               | Rider        | Time    |
| 1                 | Chris Murray | 1.07.22 |
| 2                 |              |         |
| 3                 |              |         |

| Female C Category |               |         |
|-------------------|---------------|---------|
| Pos               | Rider         | Time    |
| 1                 | Kate Kirkland | 1.11.54 |
| 2                 | Gail Lowe     | 1.12.27 |
| 3                 |               |         |

| Female D Category |                  |         |
|-------------------|------------------|---------|
| Pos               | Rider            | Time    |
| 1                 | Judy Brown       | 1.16.58 |
| 2                 | Sally Cunliffe   | 1.17.10 |
| 3                 | Deborah Capewell | 1.21.03 |

## OVERALL

Dan Bigham flipped the script on John Archibald taking the overall win. A massive mention to Leon Atkins, only 15 years old and completing the podium. Two very well paced rides saw consistency win out.

Emily Martin took the top step in the female category with two very composed performances. Chris Murray took a step up on the podium from last year coming in second. Third was road bike winner Hatty Lowden.

Casper von Folsach took the gold in the Open road bike, with a close battle behind between Joe Tate, Kerin Sargent and Ben Meir saw Ben just miss out.

Dan Whitehouse-Smith's stage 2 ride saw him overturn Isaac's lead while Chris Murray bought home the female B category.

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The local bragging rights were won by Paul Robinson in category C and Gail Lowe's strong stage 1 ride saw her hold off a charging Kate Kirkland.

In an enjoyable battle, Sally Cunliffe took top step in D category from Judy Brown with track sprint specialist Deborah Capewell completing the podium. In the Open field, Steve Price's stage 2 win was enough to see him climb onto the top step ahead of Russ Mellor.

## OVERALL

| Open Overall |                |         |
|--------------|----------------|---------|
| Pos          | Rider          | Time    |
| 1            | Dan Bigham     | 1.08.37 |
| 2            | John Archibald | 1.08.52 |
| 3            | Leon Atkins    | 1.12.56 |

| Female Overall |                |         |
|----------------|----------------|---------|
| Pos            | Rider          | Time    |
| 1              | Emily Martin   | 1.25.46 |
| 2              | Chris Murray   | 1.31.48 |
| 3              | Harriet Lowden | 1.33.30 |

| Open Overall - Road |                    |         |
|---------------------|--------------------|---------|
| Pos                 | Rider              | Time    |
| 1                   | Casper von Folsach | 1.17.25 |
| 2                   | Joe Tate           | 1.27.34 |
| 3                   | Ben Meir           | 1.27.57 |

| Female Overall - Road |                  |         |
|-----------------------|------------------|---------|
| Pos                   | Rider            | Time    |
| 1                     | Harriet Lowden   | 1.33.30 |
| 2                     | Judy Brown       | 1.44.37 |
| 3                     | Deborah Capewell | 1.49.49 |

| Open B Category |                    |         |
|-----------------|--------------------|---------|
| Pos             | Rider              | Time    |
| 1               | Dan Whitehouse-Smi | 1.23.40 |
| 2               | Isaac Russell      | 1.24.46 |
| 3               | Sam Murray         | 1.25.02 |

| Open C Category |                     |         |
|-----------------|---------------------|---------|
| Pos             | Rider               | Time    |
| 1               | Paul Robinson       | 1.29.32 |
| 2               | Steven Hazeldine    | 1.31.43 |
| 3               | Abdel Kader Allouni | 1.38.11 |

| Open D Category |             |         |
|-----------------|-------------|---------|
| Pos             | Rider       | Time    |
| 1               | Steve Price | 1.49.10 |
| 2               | Russ Mellor | 1.53.47 |
| 3               | James Lees  | 1.54.38 |

| Female B Category |              |         |
|-------------------|--------------|---------|
| Pos               | Rider        | Time    |
| 1                 | Chris Murray | 1.31.48 |
| 2                 |              |         |
| 3                 |              |         |

| Female C Category |               |         |
|-------------------|---------------|---------|
| Pos               | Rider         | Time    |
| 1                 | Gail Lowe     | 1.37.44 |
| 2                 | Kate Kirkland | 1.38.14 |
| 3                 |               |         |

| Female D Category |                  |         |
|-------------------|------------------|---------|
| Pos               | Rider            | Time    |
| 1                 | Sally Cunliffe   | 1.43.51 |
| 2                 | Judy Brown       | 1.44.37 |
| 3                 | Deborah Capewell | 1.49.49 |

Congratulations to all of our winners.

We hope those of you racing National TT at the end of the month enjoyed your warm up and we wish you the best of luck!

**THANK YOU TO ALL THE MARSHALS FOR YOUR HELP IN RUNNING THIS EVENT. IT WOULD NOT BE POSSIBLE WITHOUT YOU.**

**Full timesheet for stages 1 and 2, including split times is below.**





| First Name  | Last Name | Club                                | Category | Bike | Stage 1<br>K48/10 | Stage 2 J5/13 |          |          | Combined Time | Position |
|-------------|-----------|-------------------------------------|----------|------|-------------------|---------------|----------|----------|---------------|----------|
|             |           |                                     |          |      | Time              | Split 1       | Split 2  | Time     |               |          |
| Deborah     | Capewell  | Team Ohten Aveas                    |          | RB   | 00:28:46          | 00:11:46      | 00:46:04 | 01:21:03 | 01:49:49      | 3 FRB    |
| Dominic     | Gibson    | Stafford RC                         | D        | TT   | DNS               |               |          | DNS      | -             |          |
| Ben         | Goater    | Wyre Forest Cycle Racing Club       |          | TT   | 00:25:01          |               |          | DNS      | -             |          |
| Alex        | Gibson    | Stafford RC                         | D        | TT   | DNS               |               |          | DNS      | -             |          |
| Roy         | Oakes     | Team Ohten Aveas                    | D        | TT   | 00:28:30          |               |          | DNS (A)  | -             |          |
| Ryan        | Witchell  | Royal Leamington Spa Cycling Club   | A        | TT   | 00:21:10          | 00:08:29      | 00:32:54 | 00:57:26 | 01:18:36      |          |
| Paul        | Robinson  | Stone Wheelers CC                   | C        | TT   | 00:23:59          | 00:09:32      | 00:37:32 | 01:05:33 | 01:29:32      | 1 OC     |
| Jack        | Casey     | Stafford RC                         | B        | TT   | 00:22:26          | 00:09:22      | 00:36:03 | 01:04:16 | 01:26:42      |          |
| Toby        | Buckley   | HUUB WattShop                       |          | TT   | 00:22:40          | 00:09:24      | 00:36:20 | 01:03:39 | 01:26:19      |          |
| Isaac       | Russell   | Team PB Performance                 | B        | TT   | 00:22:14          | 00:09:14      | 00:35:47 | 01:02:32 | 01:24:46      |          |
| Simon       | Bott      | Stafford Triathlon Club             | C        | TT   | 00:26:49          | 00:11:24      | 00:43:56 | 01:15:56 | 01:42:45      |          |
| Abdel Kader | Allouni   | Stone Wheelers CC                   | C        | TT   | 00:25:32          | 00:10:31      | 00:41:35 | 01:12:39 | 01:38:11      |          |
| Rhys        | Richards  | Beacon Roads CC                     | C        | TT   | DNS               |               |          | DNS      | -             |          |
| Paul        | Russell   | Rockingham Forest Wheelers          | B        | TT   | 00:23:37          | 00:09:36      | 00:37:44 | 01:06:09 | 01:29:46      |          |
| Russ        | Mellor    | Wight Tri                           | D        | TT   | 00:29:53          | 00:12:02      | 00:48:15 | 01:23:54 | 01:53:47      |          |
| Steven      | Hazeldine | Stone Wheelers CC                   | C        | TT   | 00:24:03          | 00:09:50      | 00:38:28 | 01:07:40 | 01:31:43      |          |
| Luke        | Ashburner | Velo Club Long Eaton                |          | TT   | 00:23:33          |               |          | DNS      | -             |          |
| Mark        | Fanning   | Team Bottrill                       | B        | TT   | 00:23:12          | 00:09:31      | 00:36:26 | 01:03:07 | 01:26:19      |          |
| Alexander   | Paul      | NAUT Cycling                        | B        | TT   | 00:24:10          | 00:09:22      | 00:37:35 | 01:05:42 | 01:29:52      |          |
| Sam         | Murray    | Royal Air Force Cycling Association | B        | TT   | 00:22:29          | 00:09:37      | 00:36:57 | 01:02:33 | 01:25:02      |          |
| Michael     | Kirkland  | RAMcc                               | B        | TT   | 00:23:01          | 00:09:32      | 00:35:55 | DNF      | -             |          |

| First Name | Last Name        | Club                               | Category | Bike | Stage 1<br>K48/10 | Stage 2 J5/13 |          |          | Combined Time | Position   |
|------------|------------------|------------------------------------|----------|------|-------------------|---------------|----------|----------|---------------|------------|
|            |                  |                                    |          |      | Time              | Split 1       | Split 2  | Time     |               |            |
| Dominic    | Lowden           | Diss & District CC                 | B        | TT   | 00:23:34          | 00:09:35      | 00:37:40 | 01:05:38 | 01:29:12      |            |
| Adrian     | Dent             | Team Ohten Aveas                   | B        | TT   | 00:22:56          | 00:09:30      | 00:36:31 | 01:03:35 | 01:26:31      |            |
| Dan        | Whitehouse-Smith | Army Cycling                       | B        | TT   | 00:22:18          | 00:08:57      | 00:35:03 | 01:01:22 | 01:23:40      | 1 OB       |
| Jonathan   | Whittaker        | Army Cycling                       | B        | TT   | 00:23:27          | 00:09:08      | 00:36:22 | 01:04:19 | 01:27:46      |            |
| Alex       | Van Katwyk       | Guernsey Velo Club                 | A        | TT   | 00:20:52          | 00:08:29      | 00:32:39 | 00:56:05 | 01:16:57      |            |
| Jack       | Smy              | Army Cycling                       | A        | TT   | 00:22:23          | 00:09:20      | 00:46:15 | 01:02:19 | 01:24:42      |            |
| Myles      | Davidson         | Bigfoot CC                         | A        | TT   | 00:21:59          | 00:08:57      | 00:35:02 | 01:01:06 | 01:23:05      |            |
| Lee        | Watson           | Army Cycling                       | A        | TT   | 00:21:40          | 00:08:54      | 00:34:48 | 01:00:15 | 01:21:55      |            |
| Sam        | Taylor           | Weaver Valley CC                   | A        | TT   | 00:21:57          | 00:08:42      | 00:33:31 | 00:58:30 | 01:20:27      |            |
| Mike       | Twelves          | Team Ohten Aveas                   | A        | TT   | 00:21:53          | 00:08:50      | 00:34:20 | 01:00:08 | 01:22:01      |            |
| James      | Lowden           | HUUB WattShop                      | A        | TT   | 00:20:42          | 00:08:23      | 00:32:45 | 00:56:36 | 01:17:18      |            |
| Kerin      | Sargent          | Guernsey Velo Club                 |          | RB   | 00:23:56          | 00:09:10      | 00:36:39 | 01:04:19 | 01:28:15      |            |
| James      | Lees             | VTTA (Midlands)                    | D        | RB   | 00:30:10          | 00:12:20      | 00:48:00 | 01:24:28 | 01:54:38      |            |
| Steve      | Price            | VC Sevale (Malvern)                | D        | RB   | 00:29:06          | 00:11:37      | 00:45:54 | 01:21:04 | 01:50:10      | 1 OD       |
| Joseph     | Tate             | HUUB WattShop                      |          | RB   | 00:23:38          | 00:09:10      | 00:36:46 | 01:03:56 | 01:27:34      | 2 ORB      |
| Ben        | Meir             | Team HUUB                          |          | RB   | 00:23:27          | 00:09:21      | 00:36:35 | 01:04:30 | 01:27:57      | 3 ORB      |
| Casper     | Von Folsach      | HUUB WattShop                      | A        | RB   | 00:20:48          | 00:08:17      | 00:32:33 | 00:56:37 | 01:17:25      | 1 ORB      |
| Judy       | Brown            | Newmarket Cycling & Triathlon Club | D        | RB   | 00:27:39          | 00:11:20      | 00:44:07 | 01:16:58 | 01:44:37      | 2 FRB      |
| Harriet    | Lowden           | Rapha Cycling Club                 |          | RB   | 00:25:02          | 00:09:49      | 00:39:06 | 01:08:28 | 01:33:30      | 3F / 1 FRB |
| Rob        | Muzio            | Team Ohten Aveas                   |          | TT   | DNS (A)           |               |          | DNS (A)  | -             |            |
| Sally      | Cunliffe         | Velotik Racing Team                | D        | TT   | 00:26:41          | 00:11:44      | 00:44:25 | 01:17:10 | 01:43:51      | 1 FD       |
| Lucy       | Morley           | Velotik Racing Team                | C        | TT   | DNS (A)           |               |          | DNS (A)  | -             |            |
| Kate       | Kirkland         | Born to Bike - Bridgtown Cycles    | C        | TT   | 00:26:20          | 00:10:32      | 00:40:57 | 01:11:54 | 01:38:14      |            |

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| First Name | Last Name | Club                      | Category | Bike | Stage 1<br>K48/10 | Stage 2 J5/13 |          |          | Combined Time | Position |
|------------|-----------|---------------------------|----------|------|-------------------|---------------|----------|----------|---------------|----------|
|            |           |                           |          |      | Time              | Split 1       | Split 2  | Time     |               |          |
| Gail       | Lowe      | Congleton CC - MyWindsock | C        | TT   | 00:25:17          | 00:11:00      | 00:41:37 | 01:12:27 | 01:37:44      | 1 FC     |
| Chris      | Murray    | Army Cycling              | B        | TT   | 00:24:26          | 00:10:03      | 00:38:43 | 01:07:22 | 01:31:48      | 2 F/1 FB |
| Sally      | Turner    | HUUB WattShop             | B        | TT   | 00:23:15          |               |          | DNS (A)  | -             |          |
| Emily      | Martin    | Team Bottrill             | A        | TT   | 00:22:09          | 00:09:34      | 00:36:32 | 01:03:37 | 01:25:46      | 1 F      |
| Albie      | Jones     | North Cheshire Clarion    | A        | TT   | 00:20:59          | 00:08:11      | 00:32:22 | 00:56:57 | 01:17:56      |          |
| Robert     | West      | Team Ohten Aveas          | A        | TT   | 00:22:06          |               |          | DNS (A)  | -             |          |
| Alan       | Murchison | HUUB WattShop             | A        | TT   | DNS (A)           |               |          | DNS (A)  | -             |          |
| James      | Richards  | WardPerformanceUK.com     | A        | TT   | 00:21:13          | 00:08:32      | 00:33:04 | 00:57:58 | 01:19:11      |          |
| Thomas     | Brazier   | HUUB WattShop             | A        | TT   | 00:20:42          | 00:08:06      | 00:32:08 | 00:56:21 | 01:17:03      |          |
| Jack       | Levick    | Rose Race Team            | A        | TT   | 00:20:08          | 00:08:01      | 00:31:38 | 00:55:19 | 01:15:27      |          |
| Jacob      | Storey    | trainSharp                | A        | TT   | 00:20:02          | 00:08:01      | 00:31:36 | 00:55:22 | 01:15:24      |          |
| Richard    | Oakes     | Team Ohten Aveas          | A        | TT   | 00:20:32          | 00:08:23      | 00:32:12 | 00:56:24 | 01:16:56      |          |
| Alex       | Pritchard | Richardsons-Trek RT       | A        | TT   | 00:19:31          | 00:08:00      | 00:31:00 | 00:54:17 | 01:13:48      |          |
| Leon       | Atkins    | 258 Protege               | A        | TT   | 00:19:42          | 00:07:55      | 00:30:14 | 00:53:14 | 01:12:56      | 3 O      |
| John       | Archibald | HUUB WattShop             | A        | TT   | 00:18:23          | 00:07:28      | 00:28:59 | 00:50:29 | 01:08:52      | 2 O      |
| Dan        | Bigham    | HUUB WattShop             | A        | TT   | 00:18:31          | 00:07:26      | 00:28:47 | 00:50:06 | 01:08:37      | 1 O      |
| Patrick    | Casey     | Team Grenke Auto Eder     | A        | TT   | DNS (A)           | 00:07:35      | 00:30:34 | 00:52:50 | -             |          |

#### KEY

O = Open

F = Female

RB = Road Bike

B = B category

C = C category

D = D category

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